

# Five Phases of Purpose Alignment (FPPA) Phase 1 Purpose Alignment (PA) Tool #2.1

Name: Andrea Date: Feb 29 Session #: 1

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### Part 1. Discovery of <u>Talent, Passion and Core Values:</u>

Discovery Questions	Discovery Answers
1. What achievements are you	- Group leader for the school's Girl Guides
most proud of?	- Youngest school prefect
(Tell your story in life and work	- Scored 8 Distinctions in finals exams
from beginning to the present)	- Launched successful business incubator which
	exceeded sales target by 80%
	- Top sales rep who exceeded targets over three
	consecutive years
	- Managed to more than double sales within two
	years and promoted to sales director
2. What do most people say are	- Persuasive, natural leader
your greatest talent and passion?	- Highly discipline
	- Strong determination to succeed
3. What are your greatest talent	- Establishing strong value relationships
and passion?	- Ability to expand influence over others
	- High results orientation
4. If you are fully engaged in your	- Selling solutions which improves people's quality of
talent and passion, what would	life
you be doing?	- Generating new products which fits with
	customers' persona
	- Motivating and inspiring teams to maximize their
	potential
5. If your top leader said, you could	- Build new business within the business –
choose any job or project as long	intrapreneur
as you use your greatest talent and	- Venture into new, untapped global markets
passion, what would it be?	- To be the brand ambassador of the organization in
	facing the outside world
6 What kind of paid and valuation	Halp now businesses grow regidly
6. What kind of paid and volunteer	<ul><li>Help new businesses grow rapidly</li><li>Unleash people's potential for a more fulfilling life</li></ul>
work would make you lose track of time and fill your day with great	- Champion for more women to be in senior
excitement?	management and be business leaders
excitement:	management and be business leaders
7. What kinds of activities are you	- Socializing with people and adding value to them
most instinctively attracted to, and	- Find and conquer blue oceans



look forward to doing and learning more?	- Mentoring young women to be successful in work and life
8. What kind of activities do you	- Closing the big customer projects
feel happy, strong, and learn fast	- Launching products in new markets
when doing it?	- Being on stage to speak and motivate others
9. Describe how your best day and	- Meeting clients to build deep, trusting and lasting
week would look like if you were to	relationships
fully apply your greatest talent and passion?	- Getting a resistant client to change their mindset and eventually winning them over
passion:	- Engaging team members in group coaching to
	empower the right strategies and tactics to win
	empower the right strategies and tactics to win
10. What are your Top 5 talent and	1. Influencing people and creating strong bonds
passion?	2. Focus on exceeding delivery and results
(By rank order – identify specific	3. Creating new solutions
activity and task.)	4. Being brave to find blue oceans to conquer
	5. Leading, motivating and developing people
11. What are your Top 5 values	1. Great relationships
which are most important in your	2. Outstanding results
work and life?	3. Creative solutions
(Rank by priority and the right	4. Inspiring people
thing you would do)	5. Fitness and health
12. What is the most important	Make strong and lasting friendships internally and
thing and the right thing that you	globally to multiply business growth with innovative
should do using your greatest	products
talent and passion?	
(Align with your top values)	

What are you top 1 to 3 areas of greatest talent, passion and values combined in one or two lines?

Make strong and lasting friendships internally and globally to multiply business growth with innovative products

**Five Phases of Purpose Alignment (FPPA)** Phase 1 Purpose Alignment (PA) Tool #2.1

<sup>\*</sup>Work with your coach as you go through each phase to make continuous improvements.



Name: Andrea Date: Feb 29 Session #: 2

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#### Part 2: Life Purpose Discovery:

Adding value to your world using your talent, passion, and core values.

Discovery Questions	Discovery Answers
1. When you were young, what did	- To be a famous talk show host and influence many
you most want to become when	people
you grew up?	- Becoming a columnist for an agony-aunt column of
(What is the real reason and	a major newspaper to motivate people to overcome
purpose behind this)	their issues and relationships in life
2. Who are your greatest heroes	- Oprah Winfrey, Thelma and Prudence of Dear
and role models who have	Prudence fame
contributed to the world that you	- To influence people positively, build great
wish to emulate?	relationships and help them live happier lives
(What is the real reason and	
purpose behind this)	
3. When you come to the end of	- My greatest contribution is that people all over the
your journey in this world, what	world will say that I have helped them achieve their
story would you tell others about	breakthrough goals whilst building awesome
your greatest contribution and	relationships
achievement?	
(Find your legacy- what you want	
to be remembered for)	
4. What are the common points	- The common points for me are influencing people
from your answers in Q1 to Q3?	positively, getting breakthrough business results
(How would you relate these to	using my creativity, grow businesses, make
your top talent, passion and values	meaningful friendships and being a role-model for
in Phase 1)	others
5. How would you want to use your	- Help businesses grow globally with innovative
greatest talent, passion, and values	solutions and trusting relationships
to make the world better?	
6. How is this relevant to your	- Very relevant in varsity days and in my career now
career path, past and current job?	



7. How can you do this for the rest of your life? (Including free time, volunteer, and retirement)	- I can do this for the rest of my life by continuing to help entrepreneurs become successful and mentoring leaders, especially women
8. In what way does this bring you joy and fulfilment?	- I am joyful and happy because this is what I want to do with my life. Fulfilling relationships matters most

How would you put your greatest talent, passion, values and contribution in a life purpose statement? (Pick up the most important points from Part 1 and Part 2).

Creatively empowering business success with relationship and marketing excellence

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### Part 1. Discovery of <u>Talent, Passion and Core Values:</u>

Discovery Questions	Discovery Answers
1. What achievements are you	
most proud of?	
(Tell your story in life and work	
from beginning to the present)	
2. What do most people say are	
your greatest talent and passion?	
3. What are your greatest talent and passion?	
4. If you are fully engaged in your talent and passion, what would you be doing?	
5. If your top leader said, you could choose any job or project as long as you use your greatest talent and passion, what would it be?	
6. What kind of paid and volunteer work would make you lose track of time and fill your day with great excitement?	
7. What kinds of activities are you most instinctively attracted to, and look forward to doing and learning more?	
8. What kind of activities do you feel happy, strong, and learn fast when doing it?	
9. Describe how your best day and week would look like if you were to	



fully apply your greatest talent and passion?	
10. What are your Top 5 talent and passion? (By rank order – identify specific activity and task.)	
11. What are your Top 5 values which are most important in your work and life? (Rank by priority and the right thing you would do)	
12. What is the most important thing and the right thing that you should do using your greatest talent and passion? (Align with your top values)	

What are you top 1 to 3 areas of greatest talent, passion and values combined in one or two lines?

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	Part 2: Life Purpose Discovery:	
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### Adding value to your world using your talent, passion, and core values.

**Discovery Questions Discovery Answers** 1. When you were young, what did you most want to become when you grew up? (What is the real reason and purpose behind this) 2. Who are your greatest heroes and role models who have contributed to the world that you wish to emulate? (What is the real reason and purpose behind this) 3. When you come to the end of your journey in this world, what story would you tell others about your greatest contribution and achievement? (Find your legacy- what you want to be remembered for) 4. What are the common points from your answers in Q1 to Q3? (How would you relate these to your top talent, passion and values in Phase 1) 5. How would you want to use your greatest talent, passion, and values to make the world better?



6. How is this relevant to your career path, past and current job?	
7. How can you do this for the rest of your life? (Including free time, volunteer, and retirement)	
8. In what way does this bring you joy and fulfilment?	

How would you put your greatest talent, passion, values and contribution in a life purpose statement? (Pick up the most important points from Part 1 and Part 2).

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