

MOTIVATING

Yourself & Others



FACILITATOR
K Ravinther



INTRODUCTION & KEY OBJECTIVE

- ✓ Motivation and emotional engagement is the crucial driver of productive human behaviour and also the essence of life. It gives us direction and reason to want to do something. It drives us forward to take action to achieve our goals in the face of obstacles and during highly challenging times. It evokes desire, energy, excitement and meaning to work and life.
- ✓ This workshop will outline and deliberate the main landscape that permeates human motivation and emotional engagement in an inspiring manner to move people to greater accomplishments.
- ✓ This workshop will take you on an in-depth experiential journey of discovering and practicing some of the most powerful techniques in evoking maximum motivation and emotional engagement from people.
- ✓ The content together with tools, techniques and models used in this program has been effectively applied by top performing leaders to emotionally engage and motivate people. They are simple and yet practical and powerful. They can be applied right away and purposefully disseminated to others after the workshop for optimum results.

PROGRAM OUTLINE AND KEY BENEFITS

- ✓ The Four Levels Model of motivating and emotionally engaging people at work gives you a clear roadmap for insightful application.
- ✓ The Big Five Factor Model and tool serves as your important guide to increasing motivation, performance, satisfaction and commitment of people in the organization.
- ✓ Real world research in human motivation informs you of what has worked consistently and how to practically apply them in your work setting.
- ✓ AI Approach (Appreciative Inquiry) provides you with a simple and yet powerful way of motivating and emotionally engaging people on a daily basis.
- ✓ Reframing Technique ($E+R=O$) empowers people to focus on attaining their desired outcome instead of being stuck with what they do not want.

- ✓ Overcoming Negative Forces Protocol shows you the key ways of removing the barriers to positive emotional engagement and motivation in the face of difficult challenges.
- ✓ EFT-Emotional Freedom & Anchoring Technique strengthens the heart in the face of problems in work and life.
- ✓ Sedona Method enables people to let go of things that have been holding them back from achieving great results.
- ✓ The Core Genius and Talent Toolkit enable you to accurately identify the greatest strength and passion of each team member and leverage on it for the best results.
- ✓ The Habit Change Technique: *Change Your Habit-Change Your Life* model enables you to help people to make profound changes in their way of work and life that uplifts them to succeed with maximum motivation and emotional engagement.
- ✓ The AI (Appreciative Inquiry) inventory tool supports you in effectively applying this method on a daily basis to emotionally engage and motivate people for sustainable results.
- ✓ Peak State and Multiple Anchoring process gives you maximum motivation, energy & power to soar to greater heights.

TRAINING METHODOLOGY

Engaging discussions, demonstrations, storytelling, case examples, learning by doing and experiencing, inspirational quotes, using the power music, voice and physiology to evoke and anchor on powerful emotions that motivate, practice sessions, role-plays, videos, case studies, facilitated group discussions, activities and games, demonstrations, powerful presentations by facilitator and participants, assignments, real live coaching in action, observation and feedback giving.

TRAINER PROFILE



K RAVINTER

- Senior Consultant at ITD World: The Global Leadership Development Expert.
- Held key leadership position at Public Bank and Panasonic, a global Japanese corporation with over 24 years of experience.
- Extensive experience in the field of entrepreneurship, sales management, customer relations, leadership, training, team building and human resource management.
- Certified Training Professional (CTP) jointly awarded by ITD World and ARTDO International, recognized globally.
- Certified Trainer for Human Resource Development Council (PSMB), Malaysia.
- Certified Coaching and Mentoring Professional (CCMP)
- Certified Practitioner of Neuro-Linguistic Programming (NLP)
- Certified Practitioner of Time Line Therapy™
- National Specialist Entrepreneurship Mentor for Human Resources Development, Malaysia
- Certified international trainer and consultant for ITD World's Leadership Development Programs.
- He holds a Bachelor of Economics (honours) degree, Master of Management (distinctions) degree and International Masters of Small-medium Enterprise (distinctions) from the top university in Malaysia (University of Malaya)



www.itdworld.com

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/ ITDWORLD

MALAYSIA

ITD PENANG (Head Office)

Tel: +604 228 3869

E-mail: itdpg@itdworld.com

ITD KUALA LUMPUR

Tel: +603 6203 3880

E-mail: itdkl@itdworld.com

U.S.A

ITD U.S.A

Tel: +480 545 2878

E-mail: itdusa@itdworld.com

SINGAPORE

ITD INTERNATIONAL PLE LTD

Tel: +65 85 556 001

E-mail: itdsg@itdworld.com

THAILAND

INTERNATIONAL ITD LTD

Tel: +662 116 9336 to 7

E-mail: itdbkk@itdworld.com

VIETNAM

ITD VIETNAM

Tel: +84 28 38 258 487

E-mail: itdhcmc@itdworld.com

PHILIPPINES

ITD CONSULTING GROUP INC

Tel: +632 8887 7428

E-mail: itdmanila@itdworld.com

CAMBODIA

ITD-LDC

Tel: +855-23 555 0505

E-mail:

itdcambodia@itdworld.com

INDONESIA

ITD-GLC

Tel: +6221 2930 8710

E-mail: itdjakarta@itdworld.com

MYANMAR

ITD - BCTC

Tel: +959 765 222 103

E-mail: itdmyanmar@itdworld.com

BANGLADESH

INTERNATIONAL ITD LTD

Tel: +880 173 070 4688

E-mail:

itdbangladesh@itdworld.com

AFRICA

ITD AFRICA

Tel: +224 628 662 152

E-mail: itdafrica@itdworld.com